

September 2025 - MENU

Potter County Human Services - Area Agency on Aging

Menu Subject to Change - Suggested Donation \$3.00

Monday	Tuesday	Wednesday	Thursday	Friday
LABOR DAY All Centers Closed No Home Delivered Meals	2 Balsamic Chicken Rosemary White Beans Tomatoes & Zucchini Garlic Breadstick Pineapple Tidbits	3 Sloppy Joe on Bun Roasted Sweet Potatoes Cauliflower Oatmeal Cream Pie	4 Baked Crab Cake Tomato Basil Soup California Blend Vegetables Wheat Bread Gelatin	5 Vegetable Lasagna Tossed Salad w/ Dressing Green Beans Dinner Roll Cookie
8 Salisbury Steak w Gravy Baked Potato w/ Margarine Broccoli Wheat Bread Gelatin	9 Roast Beef Sandwich on Bun W/ Mozzarella Cheese Cream of Cauliflower Soup Blushed Pears	10 Kielbasa w/ Sauerkraut Homemade Haluski Brussel Sprouts Applesauce	11 Cheeseburger on Bun BBQ Baked Beans Tossed Salad w/ Tomato Mandarin Oranges	12 Open Faced Turkey Sandwich w/ Gravy Whipped Potatoes w/ Chives Sweet Corn White Bread Cookie
15 Sausage Gravy Biscuit Egg Bite Diced Potatoes Orange Juice	16 Turkey Chef Salad w/ Cheddar, over Mixed Greens & Tomato Vegetable Soup Dinner Roll Gelatin	17 Swedish Meatballs Buttered Noodles Peas Dinner Roll Fresh Fruit	18 Sweet & Sour Pork Brown Rice Broccoli & Cauliflower Blend Wheat Bread Fresh Fruit	19 Chili Cheddar Cheese Tossed Salad w/ Tomato & Cornbread Warm Applesauce
22 Baked Fish Macaroni & Cheese Stewed Tomatoes Wheat Bread Seasonal Fresh Fruit	23 Pasta & Meatballs W/ Marinara Sauce Tossed Salad w/ Tomato Italian Bread Mixed Fruit Salad	24 Taco salad Taco Meat, Cheddar, Lettuce Tomato, Salsa, Tortilla Chips Tortilla Soup Pineapple	25 Pork Loin Creamy Mushroom Sauce Brown Rice Broccoli Dinner Roll Blushed Fruit	26 Stuffed Pepper w/ Tomato Sauce Garlic Whipped Potatoes Carrots White Bread Pudding
29 Chicken Salad Sandwich on Bun Cream of Potato Soup Pickled Beets Fresh Fruit	30 Roast Beef W/ Gravy Mashed Potatoes Coin Carrots Italian Bread Peach Crisp		SENIOR CENTER PHONE NUMBERS Coudersport - 814-274-7887 Galeton - 814-433-2390 Oswayo Valley - 814-697-7178 Ulysses - 814-848-9880 ** For After Hours Cancellations <u>ONLY</u> Carra - 814-544-4015	